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# Coaching Futsal: NSCAA Level 1 Futsal Diploma Manual (NSCAA Diploma)



## Synopsis

The black and white edition of the *Coaching Futsal*™ manual includes 30 activities covering including: ball mastery, dribbling, take-on and escape moves, passing combinations, attacking patterns, defensive organization, build-up play through lines of the team, counter attacks and much more. Futsal is a fast paced, action-packed, electrifying game with many similarities to soccer and can be played indoors and outdoors. Originally played almost exclusively in South America, the popularity of men's Futsal has rapidly evolved in many countries over the past 10 years. *Futsal fever*™ is also catching on in USA. Recognizing numerous technical and tactical benefits transferable to soccer, US Soccer recently mandated all Boys Development Academies, the elite level of youth soccer in America, must enter a *Futsal Period*™ each January/February. Youth player development will also receive a major boost with the imminent arrival of two professional men's leagues, a positive step in promoting the sport and developing an aspirational goal for young Futsal players. Promisingly, Soccer clubs around the country are also introducing *Futsal training periods*™ and entering boys and girls teams into regional and national Futsal leagues/tournaments. With the popularity and awareness for Futsal gaining great momentum, National Soccer Coaches Association of America in association with U.S. Futsal recognizes the importance of supporting the game with convenient and affordable coaching education opportunities. Together we have introduced the NSCAA Level 1 Futsal Diploma (Spring 2016) and an NSCAA Instructor Program (Winter 2016). This coaching manual follows the NSCAA Level 1 Futsal Diploma format and can be used by a candidate to support the learning experience. Equally, the manual is a useful tool for coaches and coaching directors seeking to introduce Futsal to their team or club.

## Book Information

Series: NSCAA Diploma

Paperback: 60 pages

Publisher: CreateSpace Independent Publishing Platform (March 31, 2016)

Language: English

ISBN-10: 1530834597

ISBN-13: 978-1530834594

Product Dimensions: 8.5 x 0.1 x 11 inches

Shipping Weight: 7.4 ounces (View shipping rates and policies)

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Best Sellers Rank: #904,496 in Books (See Top 100 in Books) #215 in Books > Sports & Outdoors > Coaching > Soccer

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